

37th Annual MT GREYLOCK TRAIL RACES



WESTERN MASS
ATHLETIC CLUB

5 KM AND 13.5 MILES

10:00 AM Sunday June 18, 2023

GREYLOCK GLEN, ADAMS, MA



Start/Finish: Greylock Glen, Adams, MA. **Courses:** The **13.5 mile race** starts at the Glen with a steep 3 mile climb to the summit of Mt. Greylock using single track hiking trails and semi-abandoned alpine ski trails. It then continues primarily downhill in a counter clockwise direction over the rugged hiking trails and old jeep trails of the Mt. Greylock Reservation. **There are 3 manned and 1 unmanned aid station(s).**

The **5k race** also starts at the Glen and utilizes its rolling hiking trails.

Notice to those who feel they must bring their pets to this race. Consider this: ALL PETS MUST BE KEPT AWAY FROM THE RACE AREA, WHICH INCLUDES THE RACE COURSE, THE START/FINISH AREA, AND THE REGISTRATION/PICNIC AREA. OBVIOUSLY, LEASHING THESE PETS IS MANDATORY. The safety of the runners is paramount. Please comply with this WMAC regulation. Thank you.

<u>FEES:</u>	<u>13.5 MILE</u>	<u>5KM</u>
Pre-register: by 6/8/23	\$20	\$15
Race day	\$25	\$20

Pre-registered active WMAC members receive a \$5 discount for either race if **pre-registered**.

Family Discount: no charge in excess of that for 3 people if **pre-registered**. Sorry, no refunds.

Awards: 1st, 2nd, & 3rd Male & Female overall, and 1st in each 10 year age group.

More info: Ed Saharczewski (413) 344-3968, edward.saharczewski2@aol.com or visit: <http://www.runwmac.com>

Cut along dotted line and send with check for total \$\$ made out to **WMAC, P.O. Box 356, Adams, MA 01220**

Circle Race You Are Entering: 5 KM or 13.5 MILE

P L E A S E P R I N T C L E A R L Y

OFFICIAL USE ONLY
BIB # _____

Name _____
Street _____
City/Town _____ State _____ Zip _____
Phone _____ email _____
Age _____ Sex M F

Entry fee \$ _____
WMAC member?
Family discount?
Total \$ _____

Please enter me in the indicated Mt. Greylock Trail Race. I agree to assume all responsibility for and all risk of damage or injury that may occur to me as a participant in this event. In consideration of being accepted as a participant in this event, I hereby, for myself, my heirs, executors and administrators, release and discharge any and all sponsors of the Mt. Greylock Trail Races from all claims, damages, rights of action, present or future whether arising from or incident to my participation in this event. I hereby certify that I am physically fit and have successfully trained for competition in this event. I also grant permission for the use of my name and/or picture in any broadcast, photograph or other account of this event.

Signature _____ Parent/Guardian (if under 18) _____ Date _____