

BLUE HILLS SKYLINE TRAIL RUN

SUNDAY, JULY 10th, 2011 8am.

The Skyline Trail run is 12 km. with 550 meters of climb on the Blue Hills Reservation North & South Skyline Trail and Bugbee Path.

The trail is extremely rocky and steep and demands balance and agility. Expect views of Boston along with staircase steep climbs and tumbling rock down hills. Minimal course marking, follows skyline blazes with signs at critical turns. There are three water stops, light refreshments at the finish.

A Race of the GRAND TREE SERIES

BENEFITS the US Junior Orienteering Team and Friends of the Blue Hills
SANCTIONED by USA Track & Field

Course records:

M-OPEN	Josh Ferenc	59:11	2008
F-OPEN	Hillary Saeger	72:29	2009
M-Masters	Garry Harrington	67:50	2006
F-Masters	Christine Anderson	82:19	2008
M-Junior	Chris Funch	76:11	2006

Directions: I-93/Rt.128 Exit 2B. North on Rt.138 to Blue Hills Ski area on right
Start is at base of ski slope.

Entry fee \$15 postmarked by July 5. Post entry \$20 after that date. Do not mail entries after July 5!
Trail Race Directors run for FREE! (Please enter and tell us your race name)

LIMITED TO 100 ENTRANTS

Make check payable to, and mail entry to : Jeffrey Saeger
74 Richards St.
Dedham, MA 02026

Questions???? Email Jeff Saeger runwld2@juno.com
Print and sign entry/waiver below.

WAIVER AND ASSUMPTION OF RISK FOR SKYLINE TRAIL RUN

Please enter me in the Blue Hills Skyline Trail Run. I agree to assume any and all risk of injury or damage that may occur to me while participating in this event. In consideration of this entry being accepted, I hereby for myself, heirs, executors and assigns, waive and release any and all rights and claims for damages I may have against the persons or organizations affiliated with the Skyline Trail Run, the Commonwealth of Massachusetts Department of Conservation & Recreation, race directors, the sponsors, their representatives, successors, or assigns, for any and all injuries suffered by me in the said event, however incurred or sustained. I attest that I am physically fit, and understand the difficulties and hazards of trail running, and have trained sufficiently for the completion of this event.

Print Name..... Age.....Sex.....

Signature.....Date.....