

DCR SAVOY MOUNTAIN TRAIL RACES



WESTERN MASS
ATHLETIC CLUB

3.3 MILES AND 15.2 MILES

9:00 AM Sunday August 17, 2014
Savoy Mt. State Forest
SAVOY, MASSACHUSETTS



Start/Finish: North Pond at DCR's Savoy Mt. State Forest. Long: **9:00AM**, Short: **9:15AM**

3.3 Mile Course: A CW loop course with the start/finish at North Pond. The course utilizes sections of the North Pond, South Pond, and Blackburnian hiking trails. Runners can expect a wide variety of terrain and an abundance of rocks and exposed roots. One aid station is located at 2.3 miles.

15.2 Mile Course: Primarily an out and back with the start/finish at North Pond. The course follows the short course as far as Aid #s1&5. It then turns left and runs on the Blackburnian, Lost Pond, and Busby (Aid #s2&4) trails to Spruce Hill (elev. 2566' with scenic views). The course then follows the Hoosac Range Trail to the BNRC Rt. 2 Parking Lot and Aid #3. Runners then turn and retrace their steps back to Aid #5. The course then turns left and follows the remaining 1.0 mile of the short course to the finish.

Notice to those who feel they must bring their pets to this race. Consider this: ALL PETS MUST BE KEPT AWAY FROM THE RACE AREA, WHICH INCLUDES THE RACE COURSE, THE START/FINISH AREA, AND THE REGISTRATION/PICNIC AREA. OBVIOUSLY, LEASHING THESE PETS IS MANDATORY. The safety of the runners is paramount. Please comply with this WMAC regulation. Thank you.

<u>FEES:</u>	<u>15.2 MILE</u>	<u>3.3 MILE</u>
Early: by 8/10/14	\$15	\$10
Race day	\$25	\$15

Family Discount: no charge in excess of that for 3 people if pre-registered. Sorry, no refunds.

Trail race directors run for free if pre-registered.

Post Race: Awards, results, swimming, refreshments and barbecue for runners, guests, and volunteers.

More info: Ed Saharczewski @ edwrdsah@aol.com, or Vic LaPort @ vlaport@hotmail.com, or visit: <http://www.runwmac.com>

Cut along dotted line and send with check for total \$\$ made out to WMAC, P.O. Box 356, Adams, MA 01220

PLEASE PRINT CLEARLY

OFFICIAL USE ONLY

BIB # _____

Circle Race You Are Entering: 15.2 MILE or 3.3 MILE

Name _____

Street _____

City/Town _____

Zip _____ Phone _____ email _____

Age _____ Sex M F WMAC Member? Yes No

Entry fee \$ _____

Please enter me in the indicated Savoy Mt. Trail Race. I agree to assume all responsibility for and all risk of damage or injury that may occur to me as a participant in this event. In consideration of being accepted as a participant in this event, I hereby, for myself, my heirs, executors and administrators, release and discharge any and all sponsors of the Savoy Mt. Trail Races from all claims, damages, rights of action, present or future whether from the arising of, or incident to my participation in this event. I hereby certify that I am physically fit and have successfully trained for competition in this event. I also grant permission for the use of my name and/or picture in any broadcast, photograph or other account of this event.

Signature _____ Parent/Guardian (if under 18) _____ Date _____

Other info:

More on BNRC's Hoosac Range Trail at [BNRC](#)

Driving instructions at
[Savoy Mountain State Forest](#)

Results posted on <http://runwmac.com>

**RUNNER'S
WORLD**

[Trail of the Month](#)

Sept. 2012
