



The Wildlands Race
10 Miles 9:00 A.M. Sunday October 21, 2007
East Orland, Maine

*This event benefits the Great Pond Mountain Conservation Trust 100%

Start/Finish: Great Pond Mountain Wildlands on Valley Road (at the inner parking lot at the Hothole Brook trail.) just off of Route 1, near the junction of Rt. 176 and Route 1 in East Orland, Maine. The race runs on the trails and the service roads of the Great Pond Mountain Wildlands (Great Pond Mountain Conservation Land Trust) and passing through private access roads and through some private land (please respect the land and leave no trace.). Wildlife as well as very spectacular scenery can be seen throughout this area.

Course: A mixture of dirt access roads, jeep roads, snowmobile trails, and single track trails with plenty of steep climbing, downhill running with an abundance of loose rocks, roots, mud, and at least one stream crossing. The highest point on the course is East Ridge Path at about 700 feet in elevation. You may possibly encounter a Moose, Bear, Coyote, Eagle, a Horse with rider, and other wildlife on this land. Please no GU packets or litter. If you are seen littering you will be asked to turn in you number. Aid will be limited and self serve and runners are encouraged to carry their own water.

Fees: \$10 entry pre or post by 10/21/2007 * Sorry, No refunds.

T-shirts may be available for purchase on the day of the event and sold by and for the Great Pond mountain Land Trust.

Volunteers are needed and greatly appreciated. Every volunteer will eat for free and receive an collectors edition Beech Mountain T-Shirt.

Homemade Awards: 1st, 2nd, 3rd overall and in 1st in each age & sex category.

Refreshments: Basic carbos and beverage at the finish for runners, their guests, and all volunteers.

More info: Peter Keeney (207)-288-3909 or pktrldrt@midmaine.com or visit sub5.com.

Wildlands Course Description (approximately 10 miles): Start at the Hothole Brook Trail parking area about 2.5 miles in on Valley Road from the South Gate entrance (Rt. 1) to the Wildlands. Proceed SOUTH on Valley Rd. Turn LEFT onto HILLSIDE Path/Trail. Go RIGHT onto OAK HILL PATH. CONTINUE ON EAST RIDGE PATH. Go LEFT onto Flag Hill TRAIL. Go LEFT onto Flag Hill ROAD. At the bottom OF THE HILL, go RIGHT onto Valley Rd. Continue on Valley Rd. straight past Flying Moose Trail. Continue on Valley Rd. straight past Great Meadow Trail. Continue on Valley Rd. straight past Hothole Pond Trail.(bear Right at junction.) *At the North Gate circle around cone and return back the same route. Finish at the The Hothole Brook Trail junction and parking area on Valley Road.

Please make check payable to the **Great Pond Mountain Conservation Land Trust**
and send to: *The Wildlands Race c/o Peter Keeney, 50 LedgeLawn Avenue #3, Bar Harbor, ME 04609*

Name: _____

Street: _____

City/Town: _____

Zip: _____

Phone: _____

email: _____

Age: _____

Sex: M F

Club: _____

Please enter me in The Wildlands Race. I agree to assume all responsibility for and all risk of damage or injury that may occur to me as a participant in this event. In consideration of being accepted as a participant in this event, I hereby, for myself, my heirs, executors and administrators, release and discharge any and all sponsors of The Wildlands Race from all claims, damages, rights of action, present or future whether from the arising of, or incident to my participation in this event. I hereby certify that I am physically fit and have successfully trained for the competition in this event. I also grant permission for the use of my name and/ or picture in any broadcast, photograph or other account of this event.

Signature Required: _____

Parent/Guardian(If under 18) _____

Date: _____